

## The Care and Share Pantry

is located in Niantic  
at  
12 Roxbury Road

We welcome donations of food and  
personal goods on Saturdays between  
the hours of 11 am and 1 pm



Contact us to volunteer or for help at  
860-739-8502

Visit us on Facebook and on our website  
[www.careandshareofel.org](http://www.careandshareofel.org)

**Please make monetary donations to**

**Care and Share of East Lyme, Inc.**

P.O. Box 114

East Lyme, CT 06333



*Coats ready for  
distribution*



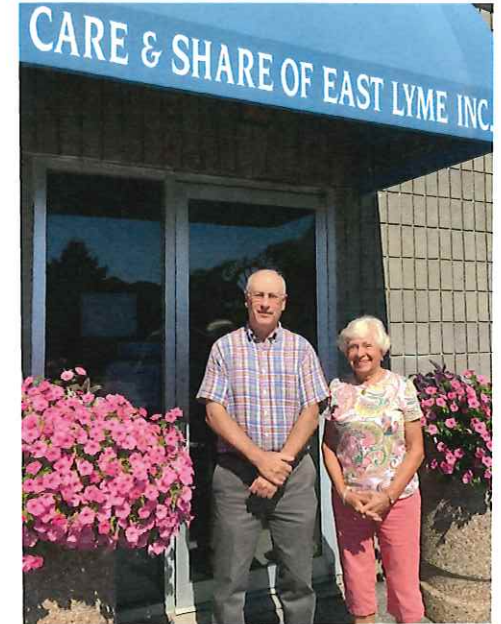
*Stocking shelves at the pantry*



## Care and Share of East Lyme, Inc.

1989-2016

*Twenty-Seven Years of  
Neighbor Helping Neighbor*



*Serving families in East Lyme and Salem*

### ***In 1989...***

- *Four local women started Care and Share by providing Thanksgiving baskets to 8 families in our area*

### ***In 2015...***

- *Care and Share distributed 140 Thanksgiving food baskets; 139 winter holiday baskets; and 118 spring baskets*
- *58 clients received financial aid*
- *An average of 184 clients were fed monthly*
- *An average of 8 new clients per month applied for help*
- *60 camperships were awarded*
- *8 college scholarships were given*
- *150 families were served by the holiday store*
- *Numerous winter coats were given on request*
- *Heating assistance was given by Care and Share and through coordination with United Way programs*
- *Warm bedding was distributed*

### ***In 2016...***

- *Approximately 132 volunteers continue to serve the communities of Salem and East Lyme through Care and Share*

**Care and Share of East Lyme, Inc. is a 501(c)(3) non-profit, charitable organization**

### ***Help us help our neighbors...***

Donations of unexpired, non-perishable food items may be brought to the pantry on Roxbury Road on Saturdays, 11 am to 1 pm.

Personal care items such as shampoo and soap as well as home cleaning supplies and laundry soap may be taken to the Roxbury Road pantry on Saturdays, 11 am to 1 pm.

Heavy jackets and snow pants for children as well as winter coats for adults are needed. Light fall and spring jackets and rain coats from infant to adult sizes may be dropped off at the pantry beginning the second Saturday in September and continuing throughout the winter. Hats, mittens, gloves, and scarves are also appreciated. Items should be gently used, clean, and in good repair with buttons and zippers intact.

Lightly used bedding including sheets, pillowcases, blankets, and comforters may be brought to the pantry on Saturdays from 11 am to 1 pm after November 1. Also appreciated are new or nearly-new towels and mattress pads.

New toys and gifts appropriate for the holiday store will be collected starting November 1 on Saturdays from 11 am to 1 pm at the pantry.

***Please consider Care and Share when making a will or when requesting donations in lieu of flowers.***

**Care and Share is 100% staffed by volunteers**

**100% of monetary donations are used for Care and Share clients**

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Food and emergency assistance are given to residents of East Lyme and Salem

Emergency help for housing, heat and electricity is available

Donated winter coats are available for adults and children

Gently used bedding and warm blankets are collected and distributed in winter

Emergency clothing is provided to school nurses for children in need

Thanksgiving, holiday and spring food baskets are provided to local residents

College scholarships and camperships are provided

A holiday gift store where clients may shop for free gifts for immediate family is staffed in December

Funds are used to purchase certificates for emergency supplies, groceries, and gas